



# Action Periods

## Learning Session One

Reference: Cambridge, Massachusetts Institute for Healthcare Improvement; 2011 (Presentations at CMDHB)



# Action Period 1 – Team Objectives

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- Teams test on a small scale multiple changes from the Change Package
- Teams establish their measurement system and begin to use data for learning
- Teams begin to use other Collaborative participants as resources

*Think of 2 ½ to 3 ½ months for AP1, and 4 to 6 for AP2*

# Action Period Tools

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- First Tests
- Conference calls
- Listserv
- Extranet
- Monthly Senior Leader reports



# Monthly Reports: Content

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- One-page is ideal, big drop off in value if >3 pages
- Statement of aim
- Measures
  - Details on data collection
  - Should relate to aims
- Results (annotated run charts)
- Changes made (number and scope: testing, implementing, spreading)