



THE NAKED UNIT

Welcome to our unit.....



We are a 'Naked' Unit....



WE ARE A 'NAKED' UNIT



YOUR ARMS MUST BE 'NAKED' FROM THE ELBOW DOWN



What is a naked unit?

- Bare from your elbows down
- No watches
- No Rings (except plain wedding ring)
- No Bracelets



But actually it means more for us...



The Naked Unit Concept
was our way to engage all of
staff in infection prevention
practices



The Naked Unit Concept

- Infection control practice.
- Hand Hygiene
- Setting the Standards
- Educating Staff
- Engaging Staff



But where's the evidence?



In the news.....



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No more white coats for doctors in Scotland

New dress code for all medical staff aims to curb infections in hospitals

Severin Carrell, Scotland correspondent
guardian.co.uk, Tuesday 11 September 2008 14:59 GMT

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Last Updated: Monday, 17 September 2007, 13:43 GMT 14:43 UK

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Death of the doctor's white coat

By Clare Murphy
Health reporter, BBC News

The long-sleeved white coat has been a symbol of the medical profession for more than a century. But the death knell has been sounded.

Printable version

nzherald.co.nz

Wednesday June 13, 2012 10:14 AM NZT

Auckland, 12°3' Change

Keywords...

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National Next Article: [Tapu Misa: Idolise wealth creators? That's rich](#)

Low hand-hygiene rate putting patients at risk

By Martin Johnston

5:30 AM Monday Aug 8, 2011

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It's
only
common
sense



Clinical Champions

- Senior Management Support
- Clinical Champions





Staff knowledge

- Evaluate Staff understanding

Hand Hygiene Staff Questionnaire

December 2010

Role Dr RN HCA Ward Clerk Allied Health

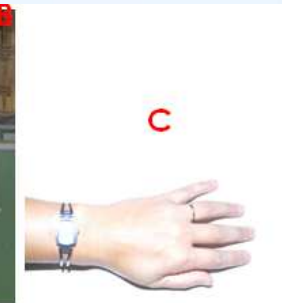
Other: _____

1. What are the 5 moments of Hand Hygiene?

1. _____
2. _____
3. _____
4. _____
5. _____

2. What should you do before putting on gloves?

- Gel Hands
- Wash Hands
- Either gel or wash hands
- Nothing

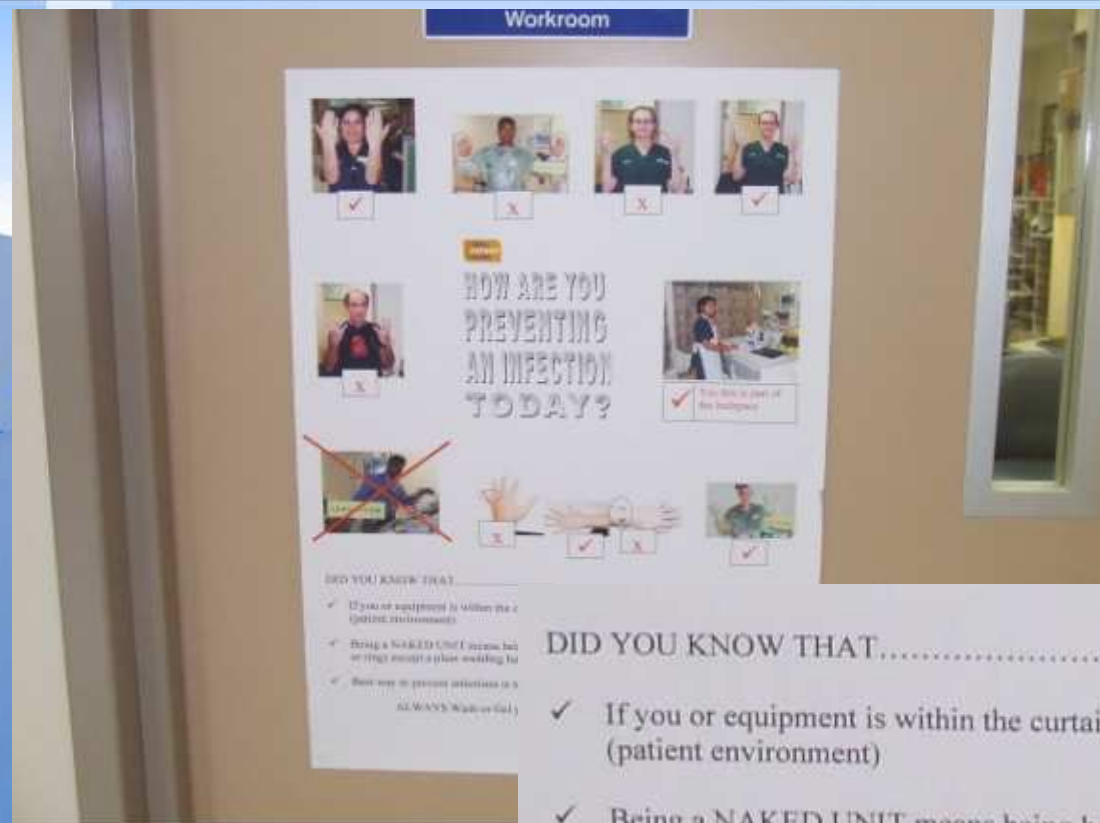




Survey Results

- 81% correctly knew the 5 moments of hand hygiene
- 12% missed only one moment of hand hygiene usually before a procedure or after a procedure
- 7% did not know the 5 moments or responded incorrectly with no accurate moments
- 57% understood what a naked unit was
- 80% identified good infection control practice when seen
- 100% identified bad infection control practice when seen

Engagement of Staff



DID YOU KNOW THAT.....

- ✓ If you or equipment is within the curtain space then it is considered part of the bedspace (patient environment)
- ✓ Being a NAKED UNIT means being bare from your elbows down (no watches, bracelets or rings except a plain wedding band)
- ✓ Best way to prevent infections is to have good hand hygiene

ALWAYS Wash or Gel your hands

Before AND After touching the patient
Before AND After a procedure
After leaving the patient environment

Defined Infection Control Practices



Non MRO patients

- ◆ Examining doctor and bed side nurse and those with **direct patient** contact to **wear apron and gloves**
- ◆ All other HCW's **within the curtained area to wash hands** on **entry and exit** of curtained area

MRO patients

- ◆ **Examining doctor and bedside nurse** should use a **yellow gown and gloves**.
- ◆ All other HCW's **within the curtain** should use an **apron** and **gloves**.
- ◆ The **number** of health care professionals entering the patient area should be **kept to a minimum**.

Clinical discussions to occur outside of the patient area following clinical assessment

Changed some Practices



Different coloured aprons



Our Stats

