

Report Period ending:

1 November & 31 December 2013

Campaign Sponsor Geraint Martin
 Campaign Manager: Diana Dowdle
 Campaign Clinical Leader Dr David Grayson

Progress

Will – engagement activities

Over 110 people from the sixteen Beyond 20,000 Days Collaborative teams attended a successful second Learning Session on 13-14 November 2013. The focus of the learning was sharing learning and successes from Collaboratives, opportunities for leadership, measures of quality improvement and developing concepts of change and PDSA (Plan Do Study Act) cycles.

We were privileged to hear from Shannon and Gina Wetere as members of the Feet for Life Collaborative talking about their experience of care.

Lynne Maher, Director of Innovation at Ko Awatea led a session on patient experience and experience based design which helped focus us on how we can be patient and whanau centred in all our work.

Brandon Bennett, Improvement Advisor, Faculty Ko Awatea also led sessions for developing Change Concepts and Change Packages and how to measure the work.

The themes from the feedback of the most relevant learning from the Learning Session are summarised in the Wordle below:



The video of the highlights from the Learning session is posted on the website <http://koawatea.co.nz/campaigns/20000-days-campaign>

Ideas/Opportunities

Awards:

SMART (Safer Medical Admission Review Team) won the best presentation in medication safety and innovation and the overall best presentation at the New Hospital Pharmacy Conference in November 2013.

Health Round Table Innovations Awards:

Counties Manukau Health and the 20,000 Days Campaign were well represented by six Collaborative teams from phase one who presented posters at the Health Round Table Innovation Awards on 7-8 November 2013 in Brisbane. We are

delighted with the success of the teams SMOOTH (Safer Medicines Outcomes on transfer Home), Delirium Care and VHIU (Very high Intensity Users) all won their categories and VHIU won their overall stream.

	Poster Name	Presenters
1	20,000 Days Campaign	Monique Davies & Prem Kumar
2	CAM is Coming, Delirium is Going! Early Delirium Identification and Management	Johanna O'Leary
3	VHIU Reducing Presentation to Hospital Emergency Care	Pamela Hill & Katy Boulton
4	Improving Discharge using Goal Discharge Date and POAC	Martin Chadwick
5	SMOOTH	Sonia Verma
6	Streamlining the Patients Journey – Hip Fracture Care Collaborative	Prem Kumar
7	Managing Patients in the Community – St John	Jo Goodfellow

Execution – Campaign Highlights:
measures/ monitor/modify

Road Show: 4 December 12013 at Ko Awatea

All staff were invited to attend the first 'Road Show on the 20,000 Days Campaign', showcasing the successful work of three Collaboratives:

- VHIU (Very High Intensity User) Programme
- SMOOTH (Safer Medicines Outcomes on Transfer Home)
- Delirium – Early Identification and Management

All of these collaborative teams have been successful in giving back well and healthy days to our community and reducing the demands on our hospital. The teams presented how they achieved their success, their challenges and key learning's as they tested, measured and implemented their initiatives.

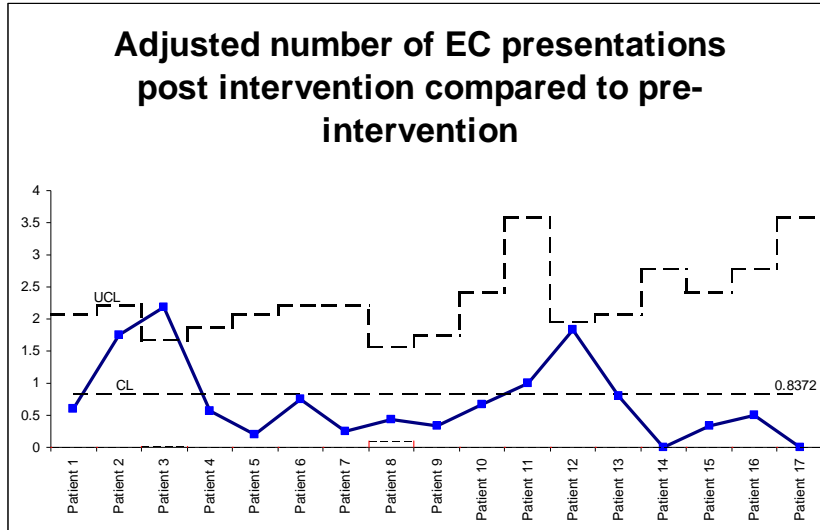
Healthy Hearts – Fit to Exercise Graduation Celebration - 18 December 2013



We are delighted to acknowledge the 17 participants and their families for completing the Healthy Hearts - Fit for Exercise programme in the community at the AUT gym. We celebrated their graduation on Wednesday 18 December 2013 and their experience was very positive and they all talked about having the confidence now to exercise and are planning to continue with their exercise programme in their local community gyms. The many positive patient and family stories have been captured on a video.

Kia Kaha, Manage Better, Feel Strong

Early successes are showing for people on the Kia Kaha programme. The graph is showing that (based on current adjustments) that post Kia Kaha intervention the people present at Emergency Care 0.85 compared to pre intervention (ie a 15% decrease). Patient 3 is known to the service and was expected to be an outlier as they are now engaging more with their health - excluding this person the rate drops to 0.65.



Feet for Life Dashboard:

There were no amputations in the month of October. The average wait time for Podiatrist to be seen is now 1 day compared to around 6 weeks.

	<p>Feet for Life Collaborative Dashboard November 2013</p> <p>Aim: To reduce lower limb amputations of renal patients with diabetes by at least 10% (from 42 to 37 per year) by 1st of July 2014.</p>	
<p>Number of Pt seen by New Pod</p>		

Version: 1.1
 Dated: 2/12/2013



Contacts: Clinical Leader: Dr William Tutone
 Project Manager: Jacqueline Schmidt-Busby
 Improvement Advisor: Prem Kumar

Supporting Life after Stroke:

The team presented at the Learning Session on PDSA cycles and the presentation highlighted how well the team understands and executes PDSA testing.

They are very proud of the Tweet from Brandon "Great presentation from the Supporting Life After Stroke team. The level of specificity in crafting their PDSA cycles was spot on". Below is an example of the PDSA testing they presented.



Changes we have tested....

	Change Idea	# PDSAs	Outcome
1	Identify eligible patients while still on the acute ward	6	After multiple tests it was found that a combination of the WiMs list and attending the acute ward MDT meetings was enough to identify patients who are eligible for ESD while still on the acute ward
2	Determine in-home rehabilitation needs while still in hospital	9	Co-ordinating a handover between inpatient staff and ESD staff is challenging, with many disciplines involved in each patients care. Current PDSA is testing discipline-specific handovers
3	Improve the patient experience in transitioning between services	4	Successful tests of change have included: <ol style="list-style-type: none"> 1. Organising collection of patient's personal medications before they are discharged, and 2. Taking them to visit their GP before leaving the ESD service 3. Follow-up phone call on day of discharge

Budget

SMOOTH, Better Breathing and Healthy Hearts Collaborative teams continue to establish business cases to secure permanent funding for 2014-2015 financial year. Ongoing funding for 2014-2015 for Beyond 20,000 Days teams will also need confirmation for year 2.

The Environmental Cleaning collaborative is waiting for approval from Capital and Asset Committee for approval for purchase of the Bioquell machines.

Communication

All presentations, booklet, newsletter and videos may be found here: <http://koawatea.co.nz/campaigns/20000-days-campaign>

Campaign Milestones

See attached

	Campaign Milestones Phase Two	Completion Date	Status ✓ on track ▲ at risk X behind schedule
Collaborative development, recruitment and engagement	Proposals for Phase Two interventions due	31 January 2013	✓ Invitation for proposals sent out 20 November 2012
	Criteria for selection sent out to proposers	22 February 2013	Diana
	Shortlist interventions	1 March 2013	Lisa/David/Diana
	Dragon's Den session to prioritise and select Interventions	25 March 2013	✓ Panel members Geraint/Campbell/Jenni/Benedict/ Ron Pearson /Jonathon Support: David/Lisa/Diana
	Decisions on selection communicated	5 April 2013	✓
	Establishment of collaborative teams	April 2013	✓
The Collaborative iterative cycles of learning, improving and implementing change	Learning Session 0	6 May 2013 (4 hours)	✓ 9-12.30pm Learning session completed.
	Coaching /support to teams between all learning sessions	Complete IHI Open School	✓ Campaign team / Brandon Bennett
	Learning Session 1 Celebration of Achievements	25 June 2013 (1 day) 2 July 2013 1030-1300	✓ Brandon Bennett/ Campaign Team ✓ Celebration date changed to 2 July 2013.
	APAC Forum Coaching /support to teams between all learning sessions	25-27 September 2013	✓ Skycity Convention Centre ✓
	Learning Session 2	13-14 November 2013	✓ Brandon Bennett/ Campaign Team New dates set for Learning Session 2
	Learning Session 3	20-21 May 2014	Brandon Bennett/ Campaign Team
Completion	Improvement implemented	1 July 2014	



Monthly Report

20,000 Days Campaign

Collaborative Teams – Phase One Implementing Changes

	Project Manager/ Improvement Advisor	Collaborative	Clinical Lead
1	Alison Howitt Prem Kumar	Better Breathing	Fiona Horwood Sarah Candy
2	Danni Farrell Prem Kumar	Delirium Care	Sunita Paul
3	Danni Farrell Prem Kumar	Hip Fracture Management	Geoff Green
4	Danni Farrell Ian Hutchby	Cellulitis & Skin Infections	Vanessa Thornton
5	Ian Hutchby	ERAS	Richard Street
6	Monique Davies Prem Kumar	Transitions of Care	Martin Chadwick Michelle Carsons
7	Monique Davies Ian Hutchby	SMOOTH	Sanjoy Nand
8	Alison Howitt Prem Kumar	VHIU	Harry Rea



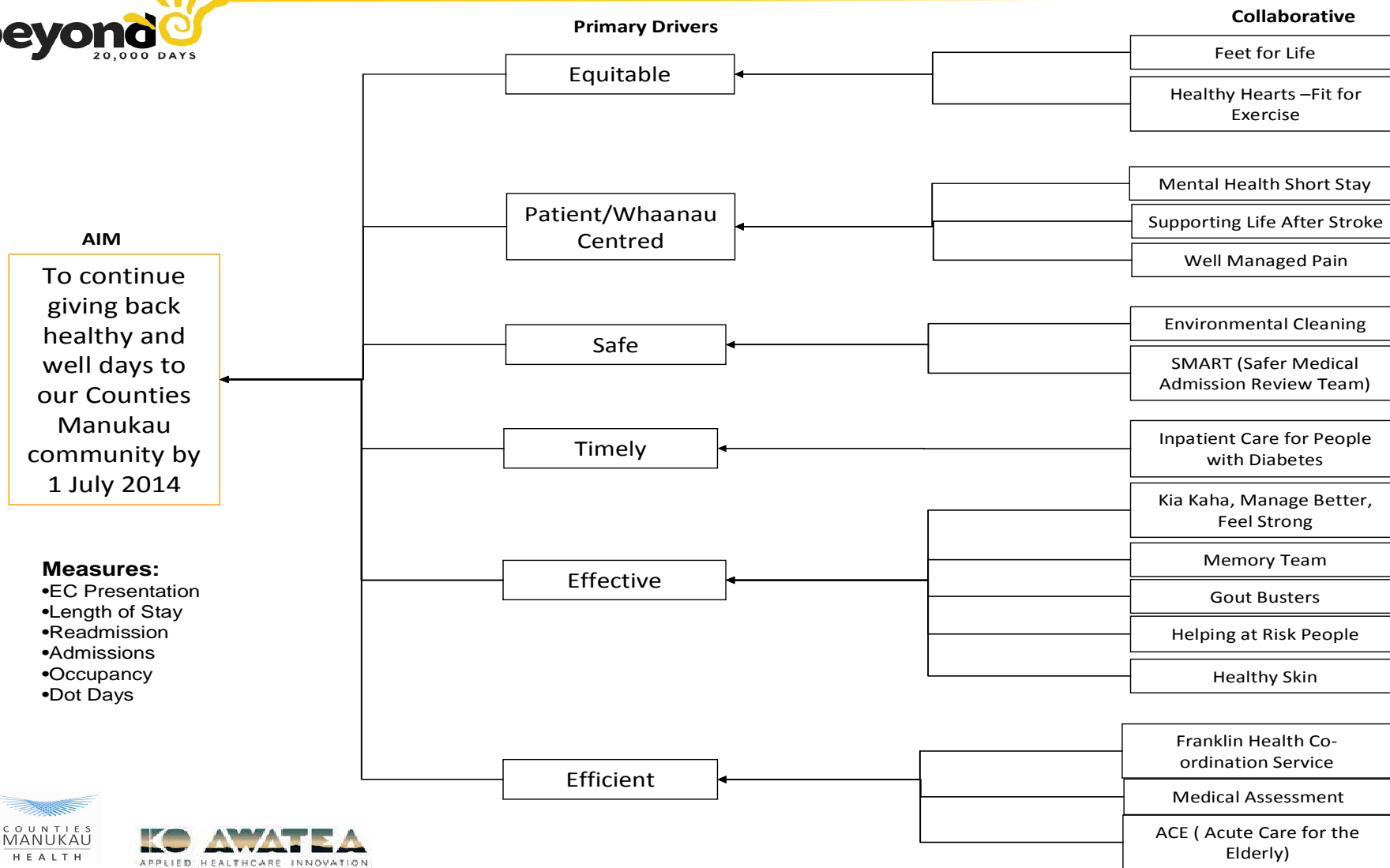
Monthly Report

Collaborative Teams - Beyond 20,000 Days

	Project Manager/ Improvement Advisor	Collaborative	Clinical Lead
1	Monique Davies Stephanie Easthope	SMART (Safer Medical Admissions Review Team)	Carl Eagleton
2	Jacqueline Schmidt-Busby Ian Hutchby	Well Managed Pain	Frances James
3	Alison Howitt Stephanie Easthope	Supporting Life after Stroke	Katrina Moles
4	Jacqueline Schmidt-Busby Ian Hutchby	Kia Kaha, Manage Better, Feel Strong	David Codyre
5	Jacqueline Schmidt-Busby Prem Kumar	Inpatient Care for people with diabetes	Brandon Orr-Walker
6	Roz Sorensen Monique Davies Ian Hutchby	Mental Health Short Stay	Muthur Anand
7	Stephen Ayliffe Stephanie Easthope	Gout Busters	Peter Gow
8	Melanie Juer Prem Kumar	Memory Team	Mark Fisher
9	Stephen Ayliffe Ian Hutchby	Environmental cleaning	Barbara Schwalger Terry Rings
10	Danni Farrell Prem Kumar	Franklin Health Coordination Service	Geoff Green
11	Danni Farrell Prem Kumar	Acute Care for the Elderly (ACE)	Geoff Green
12	Suzanne Proudfoot Ian Hutchby	Medical Assessment	Bronwyn Sinclair
13	Stephen Ayliffe Stephanie Easthope	Healthy Skin	Jennifer Njenga
14	Alison Howitt Ian Hutchby	Healthy Hearts – Fit for Exercise	Sarah Mooney
15	Pauline Sanders-Telfer Monique Davies Ian Hutchby	Helping At Risk People	Harley Aish
16	Jacqueline Schmidt-Busby Prem Kumar	Feet for Life	Viliani Tutone



Beyond 20,000 Days Campaign Driver Diagram



AIM

To continue giving back healthy and well days to our Counties Manukau community by 1 July 2014

Measures:

- EC Presentation
- Length of Stay
- Readmission
- Admissions
- Occupancy
- Dot Days

