

Healthy Together

Manaaki hauora, Supporting wellness

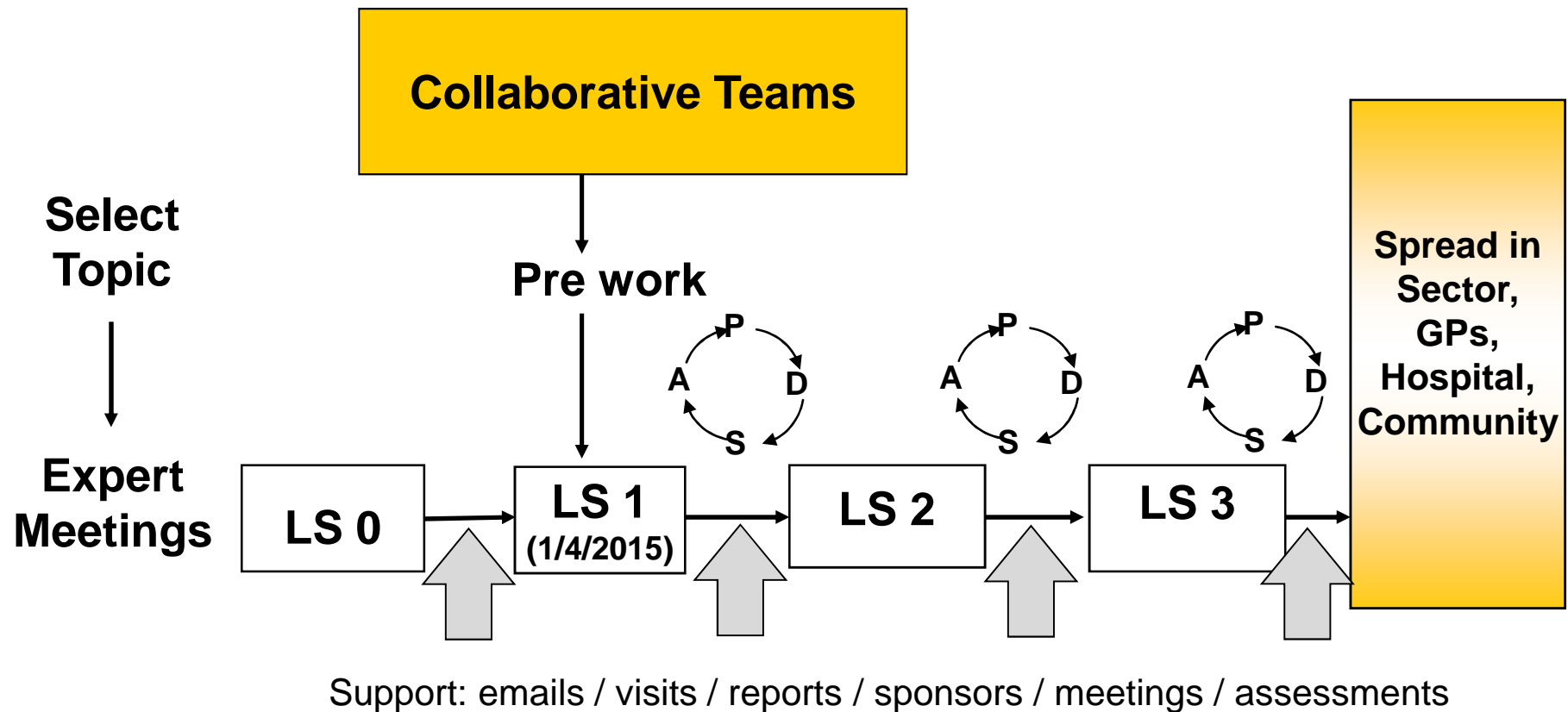
So, where do we start?



C O U N T I E S
M A N U K A U

H E A L T H

Breakthrough Series Model



LS – Learning Session

The Breakthrough Series: Institute for Healthcare
Improvement Collaborative Model for Achieving
Breakthrough Improvement

Each collaborative needs two groups



	Working Group	Expert Advisory Group
Function	<ul style="list-style-type: none"> Comes together to review activities relating to achieving the aim Updates and refines the theory of how to achieve change in the desired outcome Plans, carries out and reviews change cycles Is responsible for progress towards the aim 	<ul style="list-style-type: none"> Helps set the goal, the aim and the working group – reviewing as time progresses Advises on changes to test Reviews progress and activities of working group Helps the working group remove barriers Advises the overall Campaign of progress
Membership	<ul style="list-style-type: none"> 5-10 people Clinical Lead Represents multiple disciplines The “doers” - people testing/making changes Patient/Whaanau Representative Peer support lead Knowledge and experience in topic Passionate about the topic and improvement Helpful if prior experience of quality improvement 	<ul style="list-style-type: none"> 5-10 people Clinical Lead of working group Viewed as credible experts in selected topic – “Dream Team” Represents multiple disciplines and system structures/organisations Mostly practitioners Includes some members of working group Passionate about the topic and improvement Helpful if prior experience of quality improvement
Meeting time	<ul style="list-style-type: none"> 1 hour, weekly or fortnightly 	<ul style="list-style-type: none"> 1 hour, monthly

You need a specific aim



- Your collaborative team's aim is a written statement of what you expect to accomplish. It should be brief, specific and easily understood.
- Think about:
 - The **goal** – what is expected to happen? How much?
 - The **system** – what are you improving, specifically?
 - The **timeframe** – when will you do this by?
 - Any **scoping** (eg. the sub-population or service you're working with before spreading good ideas)

Make it **SMART**

(Specific, Measurable, Achievable, Relevant , Time-bound)

Start thinking about data



- You will need data to inform your collaborative team if they're making a difference. Are the changes working?
 - What is your outcome measure(s)? Are they easy to collect? Can you start collecting a baseline?
 - What processes can you measure which you want to affect? If you change these processes, will your outcome measure move?
 - What balancing measures (unintended consequences) might you want to keep an eye on? Cost, harm, readmissions, etc?

What's next?



- The Campaign team will be getting in touch with you to discuss aims, groups and measures
- Wednesday 1st April, 2015 – Learning Session 1
8:30 – 4:00 (Lecture Theatre, Ko Awatea)

<http://koawatea.co.nz/campaigns/self-management-support/>