

# Manaaki Hauora- Supporting Wellness Campaign Overview



C O U N T I E S  
M A N U K A U

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H E A L T H

# Our Vision



***Whaanau inspired, enabled,  
resourced to be in control of  
their health***

# Our Aim

To provide self management support for 50,000 people living with ***long term conditions*** across Counties Manukau by 1 December 2016



# 22 + Collaborative teams

- Across Counties Manukau
- Across primary care/ PHOs/hospital/ community
- Multi-professional/ community /volunteers



## Leadership Group

## Campaign Team



Geraint Martin - Sponsor

David Codyre

Janine Bycroft

Harry Rea

Gary Sutcliffe

Claire Garbutt

Pat Flannagan

Richard Cooper

Cassandra Laskey

Campbell Brebner



Diana Dowdle

Jacqueline Schmidt-Busby

Alison Howitt

Danni Farrell

David Grayson

Brandon Bennett

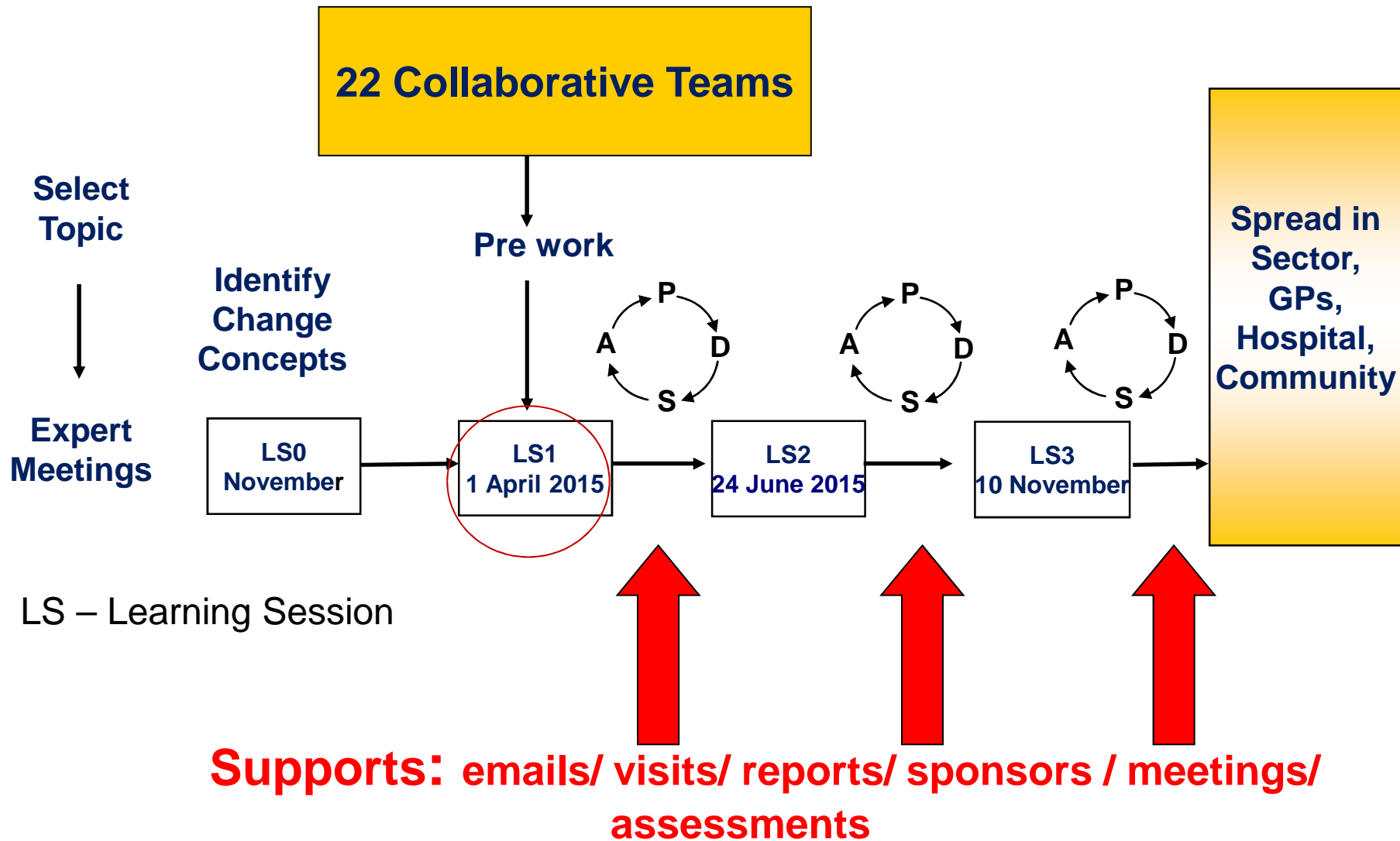
Ian Hutchby

Cindy Blackwell

Sneha Shetty

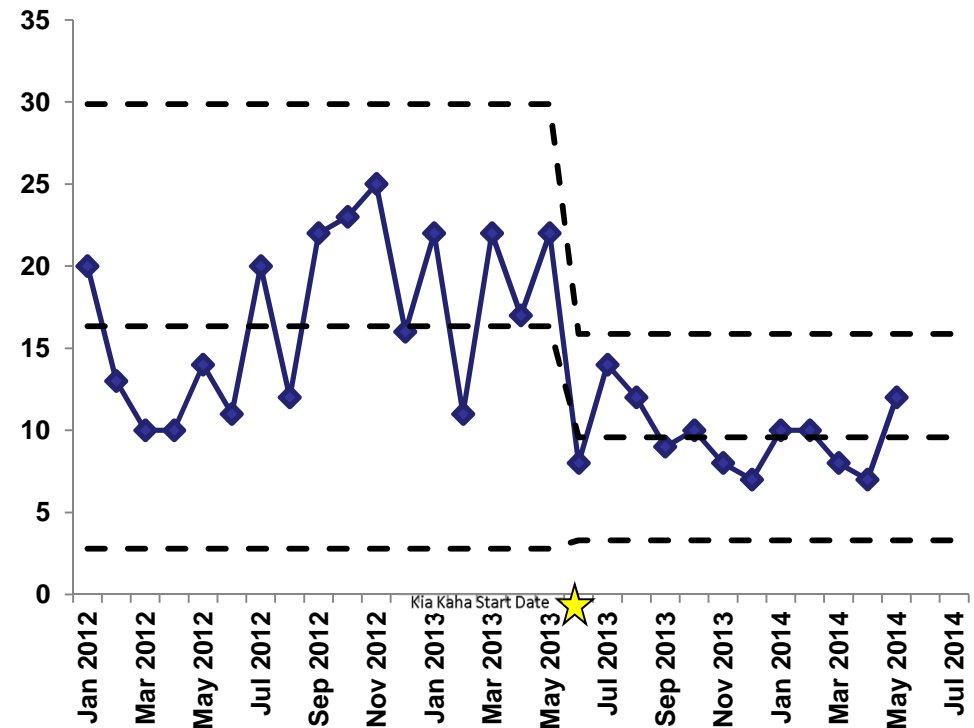
Suz Heslop

# How we will implement change?



# Support for Collaborative teams

- Campaign Team
- Leadership Group
- Learning Sessions
- Coaching & Mentoring
- Communications
- Measurement/data analysis
- Improvement Expertise
- Master classes
- Workshops
- Resources





# Where does your team fit?



## An Integrated Approach to Supporting Self-Care

The integrated resource for supporting self care



Supporting Self Care: A Practical Option UK Dept Health, 2005



# Learn, Teach & Share

- Patients / whanau
- Other teams
- Story boards
- Harvest ideas / resources
- Utilise experts in room
- Global network
- Enjoy your work

