Counties Manukau Health
System Integration Programme

COUNTIES MANUKAU HEALTH

What is Integrated Care?

Its just a step to the left…

COUNTIES
MANUKAU
HEALTH

Why do we need to Integrate?

"Don't look at me! You're meant to be discharged!"

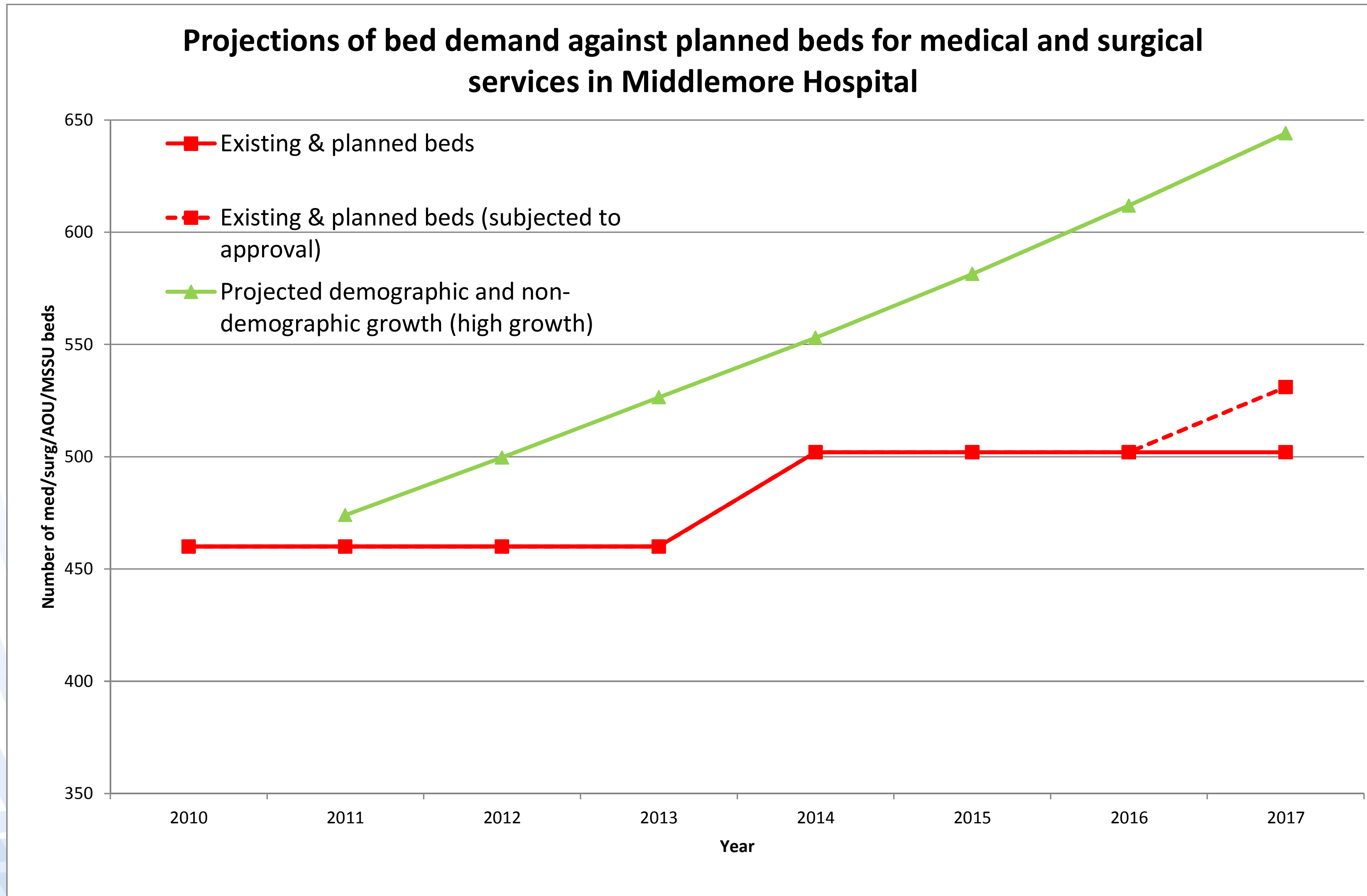
Demand

COUNTIES MANUKAU HEALTH

- CMDHB has both the highest population growth rate and the highest ageing rate in the country.
- Counties is forecast to run out of hospital beds in mid 2013 based on current growth patterns.
- Middlemore hospital is already too often full
- Our ED sees nearly 100,000 people per year.

Supply and Demand Imbalance

COUNTIES MANUKAU HEALTH



The area under the curve will reduce with the care models fundamentally shifted, to enable resources to be redeployed more effectively.

Community public health

Individual prevention

Long term condition management

Avoiding hospital admissions

Hospital Care

Rehabilitation

End of Life

(Diagram source: Bevan 2009 referenced Ministry of Health 2011)

How to Integrate?

WHAT WE'RE PUTTING IN PLACE

Locality Clinical Partnerships (LCPs) are being formed between hospitals and primary care clinicians

There will be 4

Coordinated Care for At-Risk Individuals

0.5% of population = comprehensive assessment & care plan

GP, Registered Nurse, Social Worker or Health professional facilitated to include for eg:

- End of Life care
- Hospital at home nursing
- Specialised therapies (eg stoma care)
- Continence care

5% of population = integrated health and social care plan

GP, Registered Nurse, Social Worker or health professional facilitated to include for eg:

- Rehabilitation, recovery, reablement
- Telehealth
- Medication review

20% of population = self care plans

Primary care identifies people with LTCs, disability, or social needs
Proportionate assessment to create a co-produced, goal led care plan, for example:

- Referral to Expert Patient Programme /peer educators /health trainers
- LTC pathways eg., diabetes, dementia
- Assistive technology / telecare

80+% of population = health promotion plans

Primary care identifies people with lifestyle risks (eg. smoking, high blood pressure)
Brief interventions to screen, give advice & refer or sign post:

- Smoking cessation assistance
- Exercise options
- Depression / anxiety (referral to IAPT)
- Social isolation (referral to 3rd sector support)
- Housing related support