

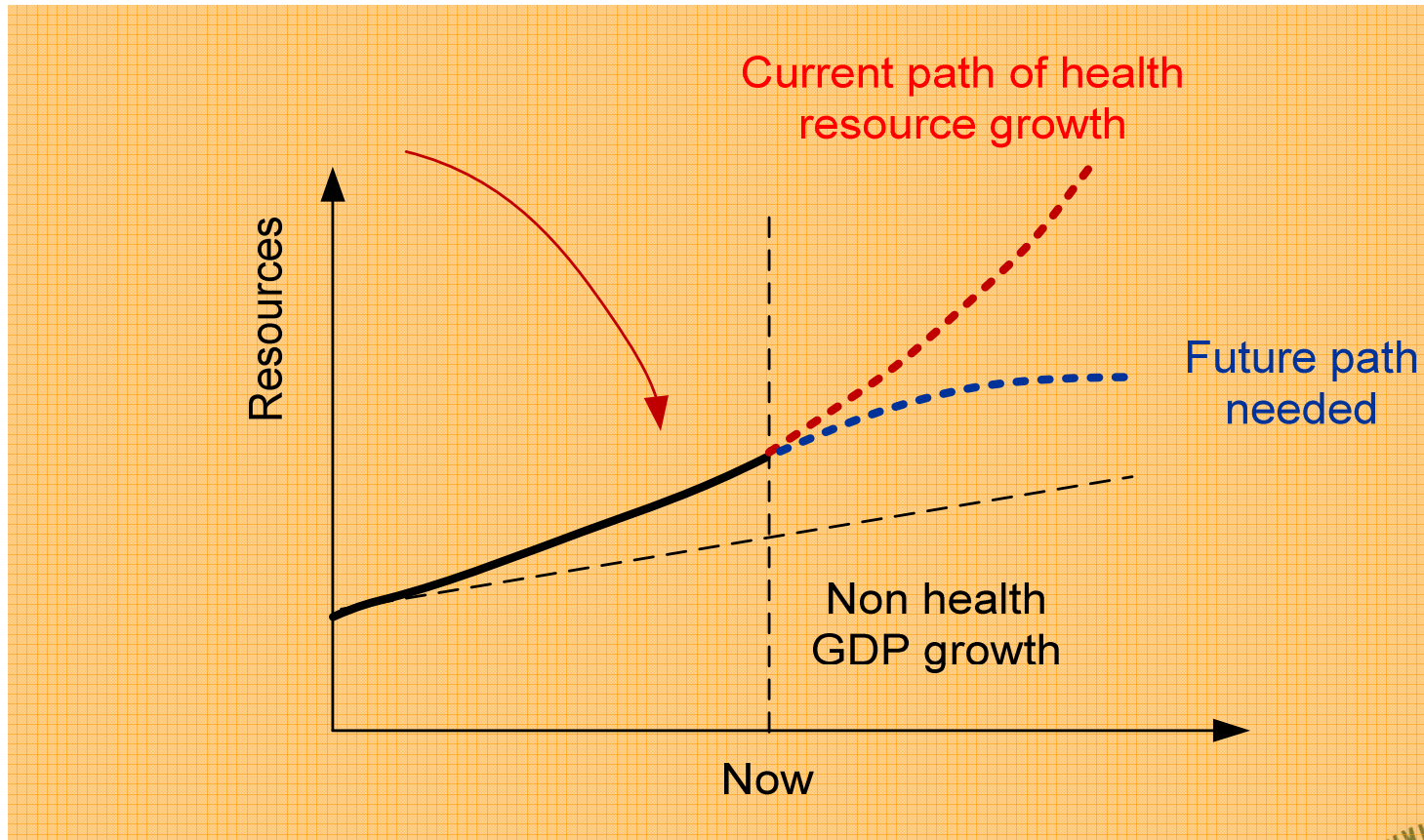
# Manaaki Hauora-Supporting Wellness

## *Peer Support Master Class – Aug 2015*

### Introduction: Why Peer Support? A Clinician Perspective

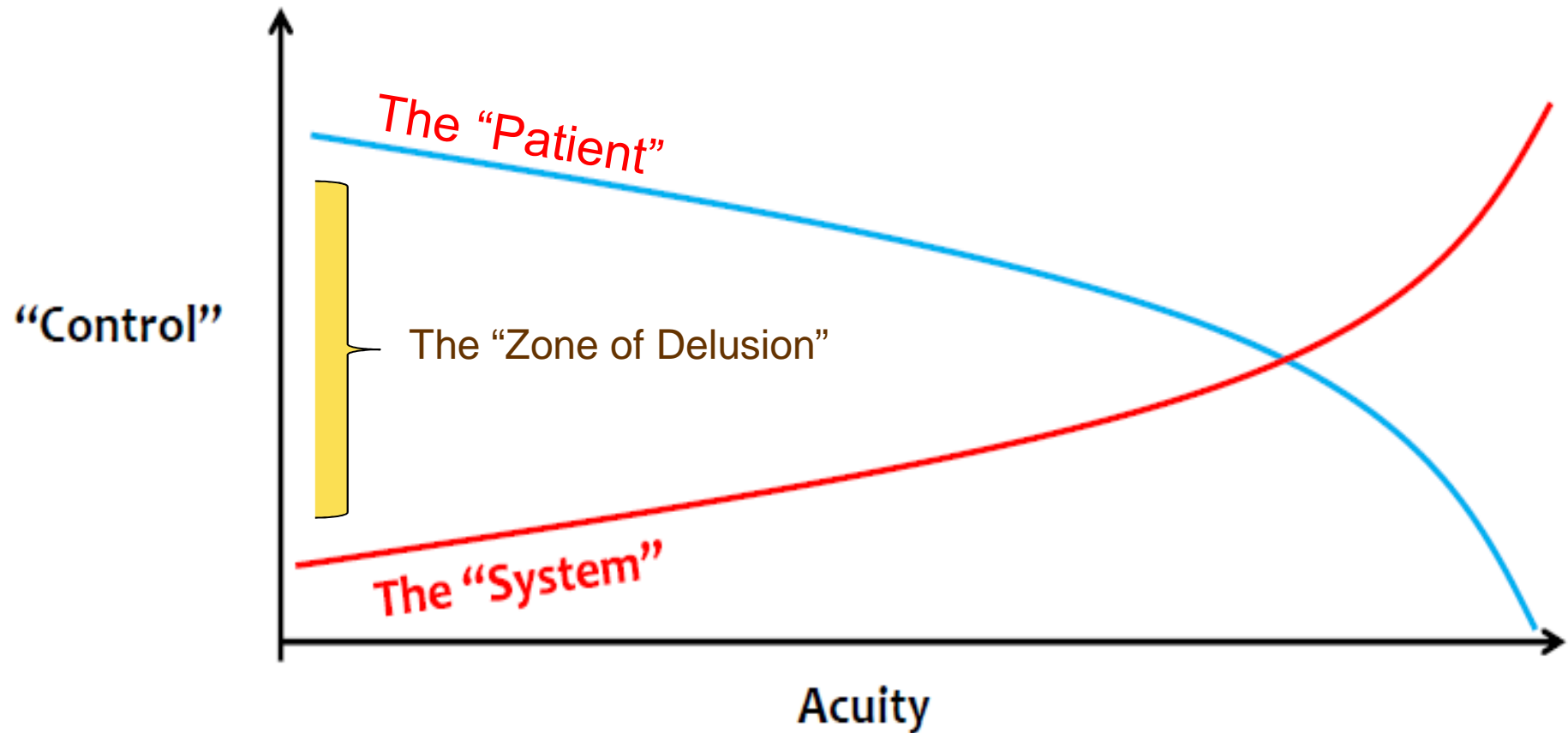


FACT: Unless we fundamentally change the way we deliver healthcare, the health system will be totally overwhelmed by the increasing level of demand related to long term conditions.



# Who really makes the decisions?

## Who controls the outcomes?



# FROM DOING TO

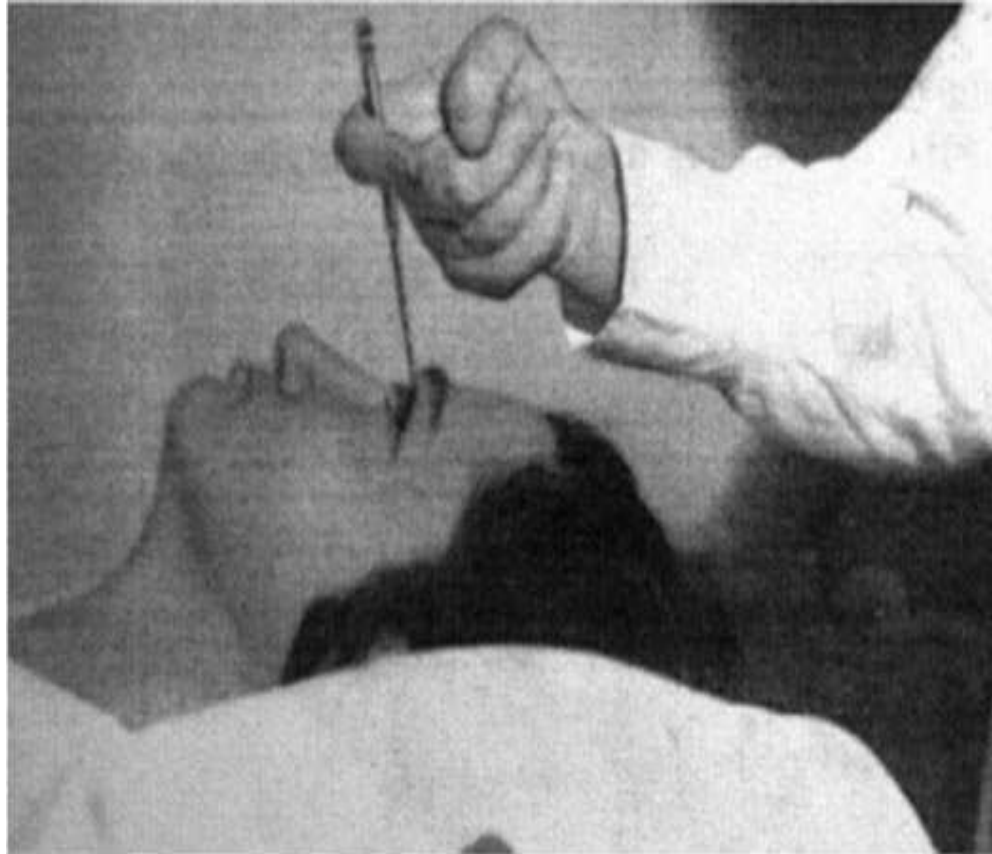


Figura 5 – Lobotomia  
transorbitária  
(Longo et alii, 1956).

# TO DOING WITH



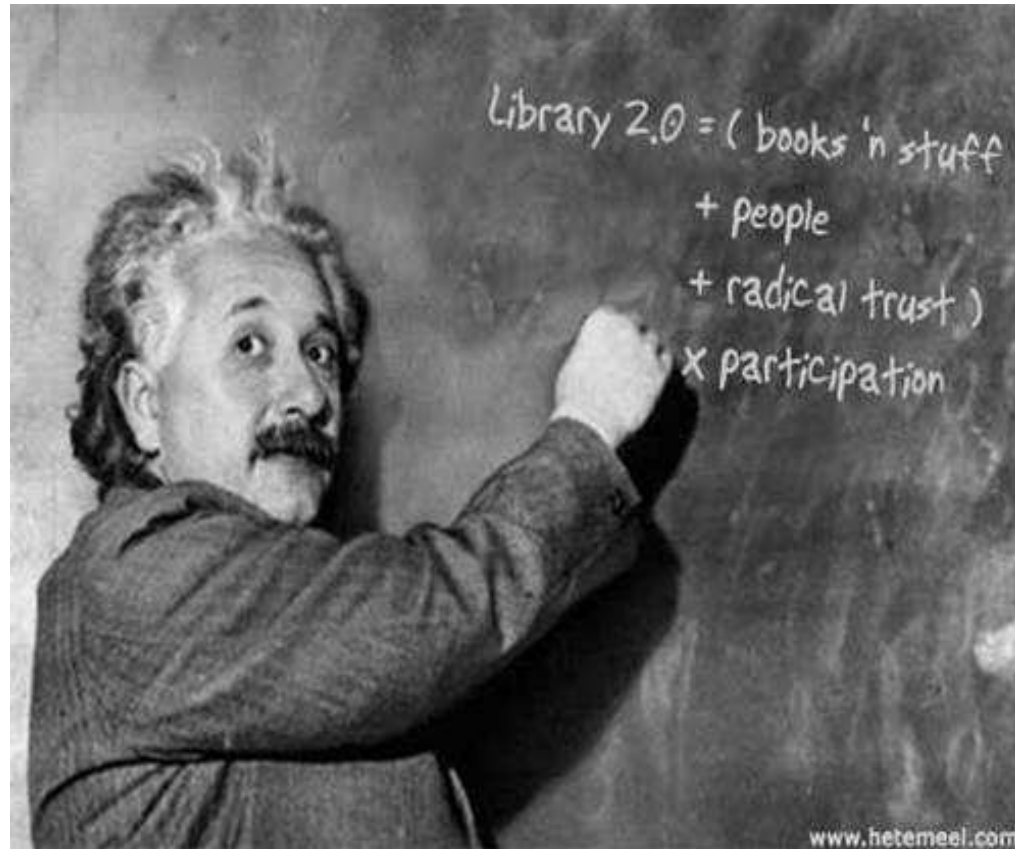
# FROM DEFINED ROLES FOR DOCTOR AND PATIENT

- Power imbalance
- Clinician responsibility
- “What’s the matter with you”
- Compliance
- Constraint



# TO A FOCUS ON BUILDING TRUST AND PARTNERSHIP

- Partnership
- Shared responsibility
- Health Behaviour
- “What matters to you”
- Liberation



# TO UNDERSTANDING ASPIRATIONS

## The Long Beach experience





# THE POWER OF CONNECTION

## The Hawkes Bay Experience - WIT

