



# Pacific FME

FanauOla Management Education



## Manaaki Hauora Supporting Wellness

Learning Session 2

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# Project Aim

...to improve the health literacy of  
at least 90% of the people  
who participate in the Pacific FME programme  
by the end of each programme attended.

Pacific rates for LTC continue to increase at rates that .....  
Despite efforts to engage Pacific into traditional SME activity  
there are still many that either do not engage, start then stop  
or simply choose to ignore any invitation to participate. By  
taking a *fanau ola* approach we are committing to place the  
patient in the centre of the programme and work with what  
matters to them.



## Primary Drivers

A sustainable programme

Active participation /  
completion of the course

Collaboration

By 1 December,  
we aim to improve  
the health literacy of  
at least 90%  
of the people who  
participate in the  
Pacific FME  
programme  
by the end of each  
programme attended.

## Secondary Drivers

Identify the cohort

Suitable / skilled facilitator

Future programme leaders

Develop content

Location or venue

Reasons for DNA

Marketing – LotuMoui Community

Whole whanau participation

Increase engagement & satisfaction

Tools and resources (visual and multi-lingual)

Incentivisation

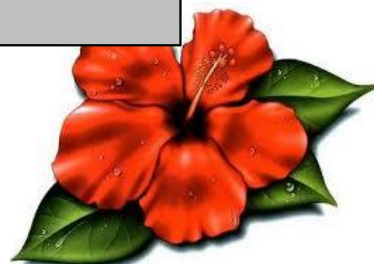
Willingness to change

Spokespeople & community leader advocates  
(churches, pacific networks)

Patient stories

Health leaders

# Driver Diagram



# Key Measures Summary

## Baseline measures

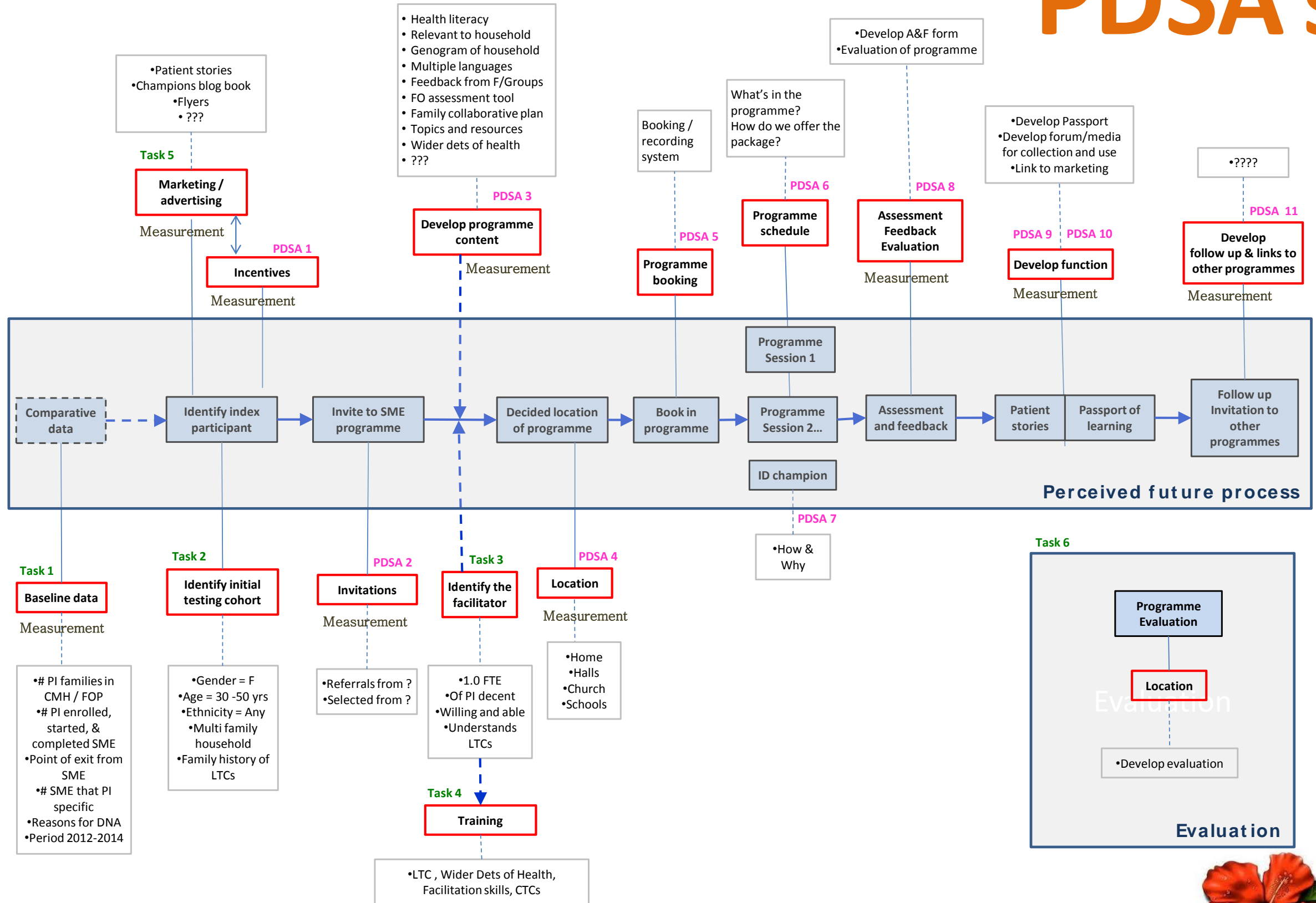
- #'s of Pacific families within CMH / Enrolled into FO programme / Reached through other means
- # of SME “Pacific” programmes
- # of Pacific participants that engage in SME programmes
- Why Pacific people don't / stop engaging in SME activity
- What points of the programme do Pacific drop out

## Key measures so far

- Key reasons for attending a Pacific self-management programme
- # of Pacific families enrolled / remain engaged
- Key interest areas identified by families to be covered in programme
- Family/Individual satisfaction of programme
- Referrals from



# PDSA's



# Key Change Ideas



# Changes tested

*In progress*

## Change Tested:

PDSA #1: What incentives are required for Pacific people to engage in FME programmes?

## PDSA Outcome:

To re-test using wider parameters

- Test using individual ethnic groups
- Test using/not using education session first
- Stratify result by age range to 40-55yrs & 55yrs +
- Seek clarification/reasoning for answers



**Fa'afetai tele lava  
Malo 'aupito  
Fakaaue lahi  
Meitaki maata  
Vinaka vaka levu  
Thank you**

