

Manaaki Hauora-Supporting Wellness Campaign

Proposal Name	Aim
Save your breath	To reduce repeat admissions within 12 months for COPD patients discharged from Ward 7 by 40% by 1 Dec 2016
Smoke Free Buffet	To increase the smoking cessation success rate for respiratory patients from 11% to 30% by 1 Dec 2016
Exercise for life	By December 2015, 100 Healthy Heart and Better Breathing participants will graduate with a self-management passport to health.
Keep on Moving	Within primary care, 85% of the diabetes patients with diagnosed Osteo-Arthritis would receive a referral for active management support that will help improve their functional capacity and help manage their diabetes by 1 Dec 2016.
Huff and Puff in the community	To design a reliable screening, referral and intervention pathway for 50 people who smoke aged >35, in the Manukau Locality by 1 December 2015.
Manukau Locality - Diabetes (ML-D)	To achieve diabetes control, in 50% of patients with poorly controlled HbA1c, identified from primary healthcare practices, who are willingly to participate in supported self-management activities by 1 December 2016
Kia Kaha Ki Te Hauora	To support 5000 East Tamaki Healthcare patients with long-term conditions in the Otara locality by 1 December 2016. We aim to engage, activate and connect patients, whaanau and GP clinics within a self-management wheel of support
SMILE	To introduce a reliable and sustainable bundle of self-management support interventions, in 10 primary health care practices by 1 December 2016
Self-Management by All (SeMBA)	To develop an on-line Level 1 course for all health care providers as an introduction to the principles of self-management and how to apply this in their everyday practice so that all people are approached from a self-management perspective and this is embedded in every interaction.
Healing At Home	By 1 December 2016, we aim to ensure that at least 500 high service-reliant patients with long term conditions in the Manukau locality have a personal self-care plan
Owning My Gout	To ensure optimal management of gout by engaging 'x' patients to participate in gout self-care management via a new collaborative model of care delivered by 'x' community pharmacies by 1 Dec 2016

Helping You Helping Me	By the 31st of December 2015 there are 30 new organisations in the Franklin Community that have signed up to Healthpoint to enable the Franklin Community to access the whole health and social care spectrum to effectively participate in the management of their health conditions.
Folau I Lagi-Ma - Journey to Wellness	To work with 30 clients from Mangere Health Centre by the 18th of December 2015 with long term health conditions to improve their overall EUROHIS Quality of life scale score by 2 points and have achieved at least 50 percent progress towards their self-identified health goals.
Ola Lelei - WRAP	By Dec 2016, X number of Service Users will have participated in Living Well: WRAP Programme
Advanced Care Planning (Pasifika)	By 1 December 2016, increase the number of Advance Care Plans within Pacific communities by at least 100%.
Pacific FME	By 1 December, we aim to improve the health literacy of at least 90% of the people who participate in the Pacific FME programme by the end of each programme attended.
BRITE (Health Navigator)	Resource

Health Literacy (workbase)	Resource
On the move with green prescription	Resource
Changing People's Expectation(ChaPE)	Resource - To raise the expectation of people so that they are no longer relatively passive recipients of health care, but understand that they can and should be engaged, proactive participants in their health care decisions – motivated and informed. This leads to healthy behaviour change and better self-management – empowering wellness.