

Learning Session 3

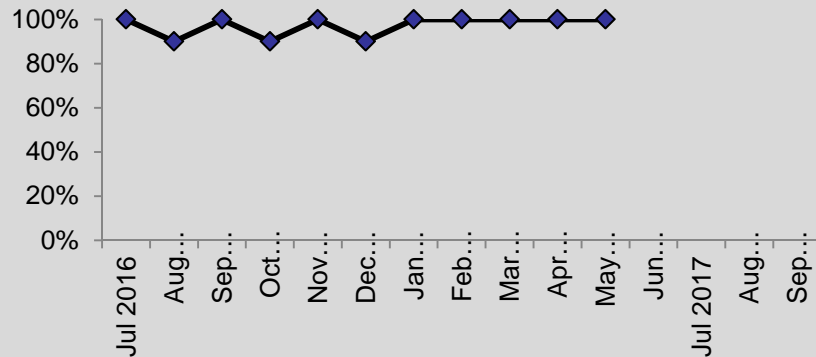
Avondale Family Doctor COPD

**SiP Team Members: Dr Rob Stewart (GP)
Pam Hart, Jenny Littlewood (PN)
Gail Osborn, Margaret-Ann Stewart
(Admin)**

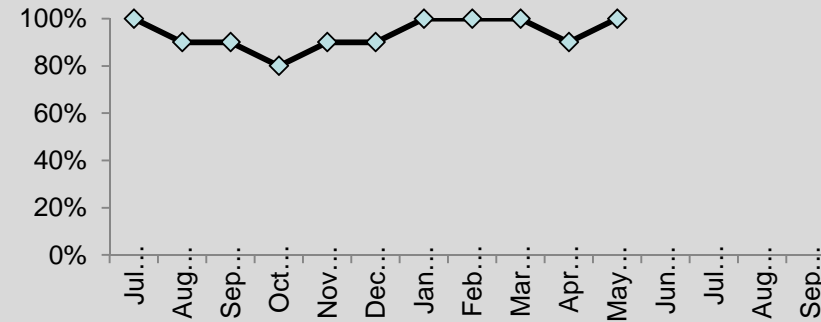
APHO Facilitator: Jean Lyle

Measures Summary

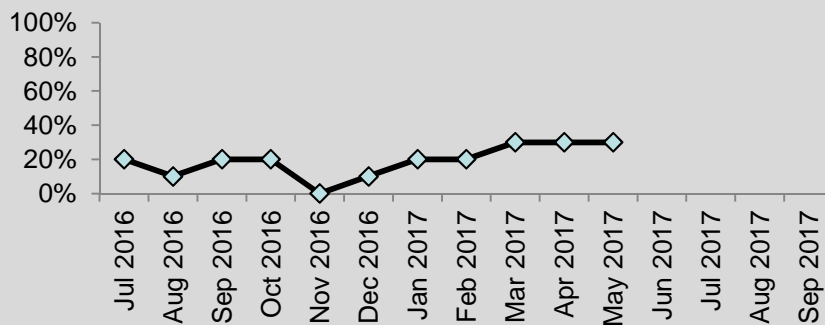
Is there an up to date smoking history recorded yearly in non-smokers and at every visit in smokers.?



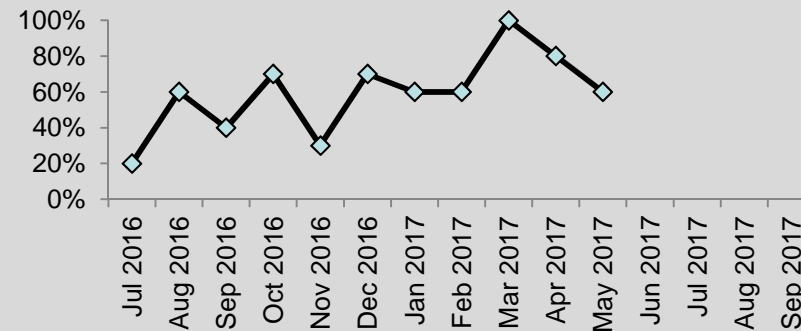
Has smoking cessation advice offered at every opportunity in the last year documented for all smokers?



Is there documented spirometry and chest x-ray for all patients with diagnosed COPD?

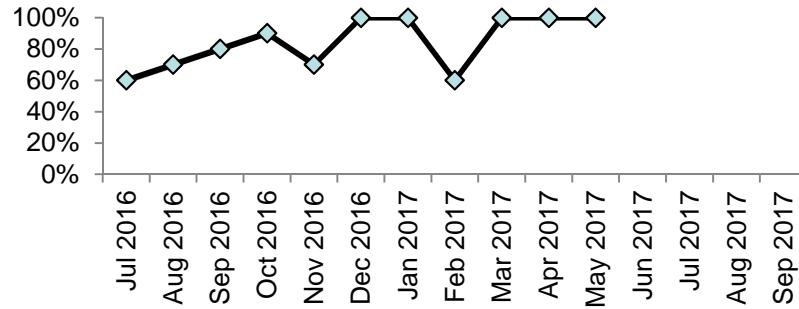


Has the patient's ability to use an inhaler device has been assessed by a nurse or doctor in the past 6 months?

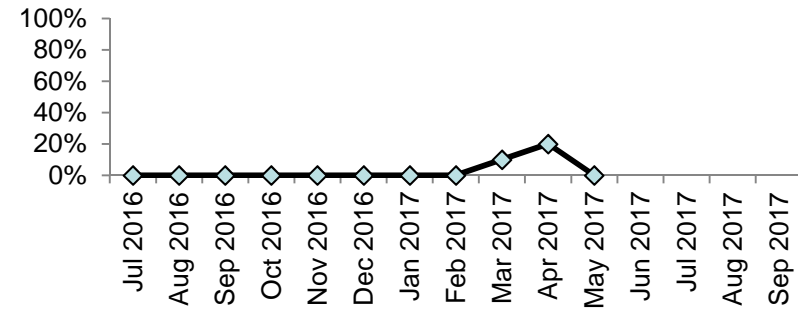


Measures Summary continued

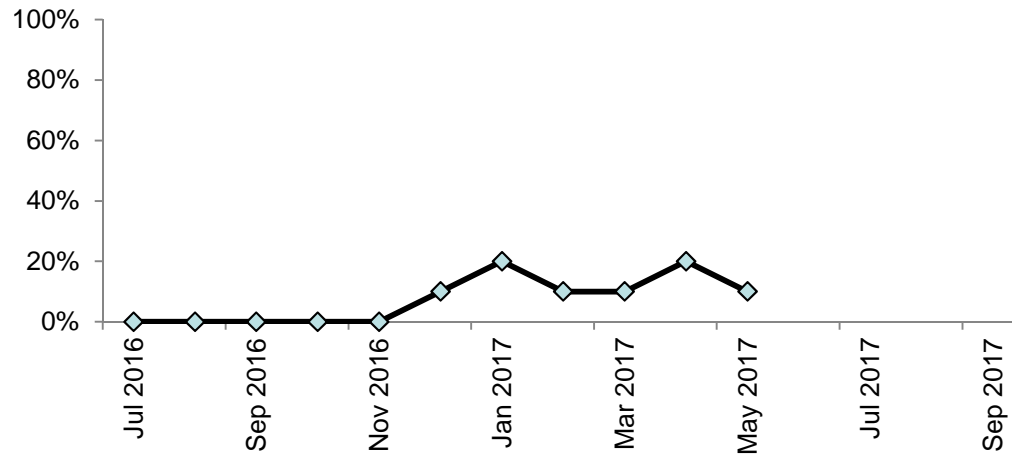
Is there documented evidence of advice on physical activity including pulmonary rehabilitation and Self Management Education where appropriate?



Is there documentation of Pneumococcal vaccination status and annual influenza vaccinations with appropriate recalls?



COPD Management Overall Compliance



Learnings & Change Package

How did your results change from the beginning to the end of the year?

1. *Smoking history & cessation advice: almost always 100%*
2. *Xray and spirometry: started at 0%, now slowly rising*
3. *Inhaler device & technique: results much better, now 80+%*
4. *Physical activity and pulmonary rehabilitation: always close to 100%*

How did you achieve this improvement?

- * *Hard work in maintaining/recording patients smoking status and providing cessation*
- * *Purchase of a spirometer for the practice*
- * *All clinical staff more proactive in checking inhaler/s prescribed are appropriate and inhaler technique to be checked at least once a year*
- * *Our focus on all long-term conditions sees us constantly encouraging patients to do regular exercise. Referrals including Green Prescription and pulmonary rehab are always a high priority.*

Learnings & Change Package

Best Change Idea

- *We set out not to change but to improve the care given to our COPD patients.*
- *We have focused on spirometry for diagnosis, educating patients on COPD, optimising medications, promoting Flu and pneumococcal immunisation, encouraging patients to stay as active as possible – hoping that all this would improve their symptoms and minimise exacerbations/hospital admissions.*

Help to Know

- *Patients who have had spirometry seem to be more open to and complaint with inhaler use and have given feedback that their symptoms are much improved.*

Other Thoughts

Is there anything else that the team would like to share, either with other practices this year or new practices starting soon?

Have you anything to share from the trigger tool, safety climate survey or patient experience?

- *Trigger tool a valuable exercise to identify areas that the practice can improve hence minimising potential harm to our patients.*
- *Hopefully in 2017/18 we may get more staff on board the AFD SIP team, especially with the venue and time commitment changes which have signaled*

Highlights

What are your main highlights from your year in Safety in Practice?

- *For myself (Pam- nurse) having a spirometer in the practice. Although I have not done as many as I would have liked so far, as Rob says we see most of our patients when they are unwell with respiratory infections.*
- *Other clinical staff and I need to be more proactive in getting them back when they are well for spirometry.*