

Learning Session 3

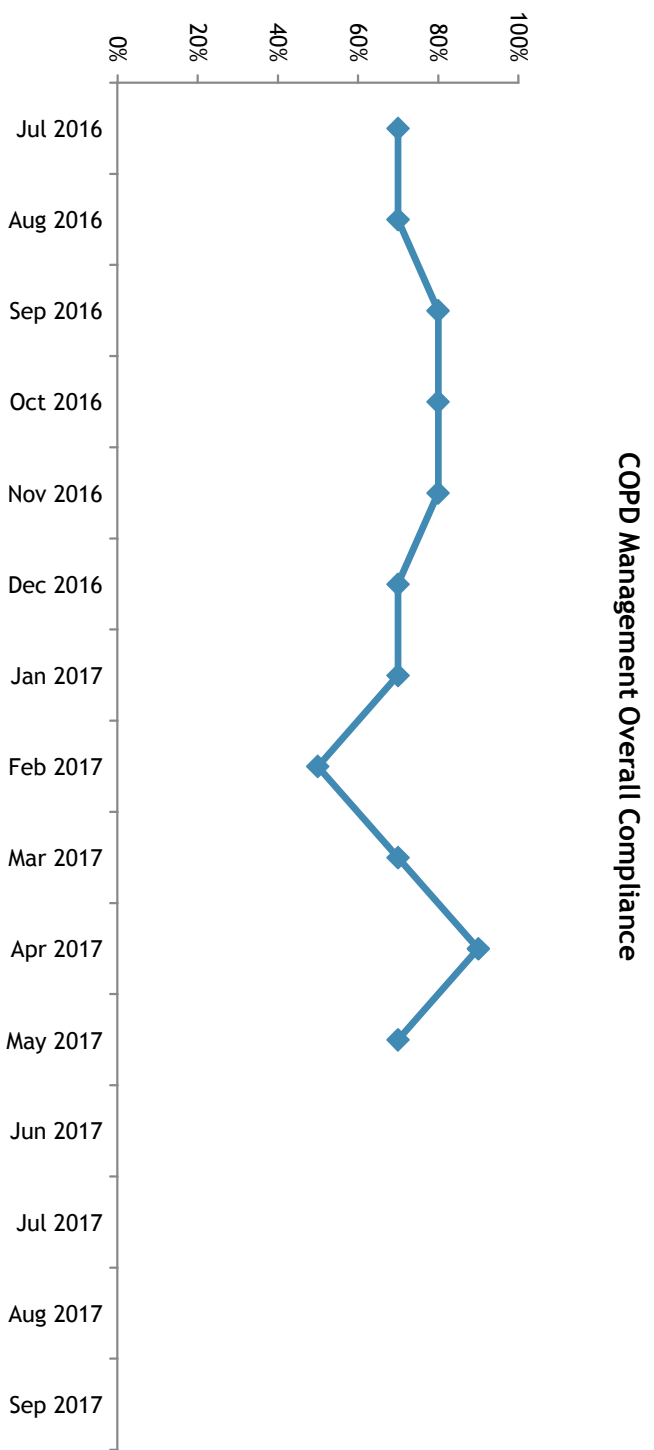
Health New Lynn

COPD

Team Members: Anne Beresford, Katie Plank, Ann Davis, Dr Peter Woolford,

PHO and Facilitator: Procure, Nicki Brentnall, Vikas Sethi

Overall Compliance Summary Result



Learnings and Change Package

- ▶ How did your results change from the beginning to the end of the year?
 - ▶ We have maintained high levels of documented smoking status and continue to improve other results
- ▶ How did you achieve this improvement?
 - ▶ 6 dedicated nurses interested in improving respiratory health of patients
 - ▶ Reminding team members to update smoking status and give brief interventions regularly
 - ▶ Opportunistically offering Influenza & Pneumococcal vaccinations

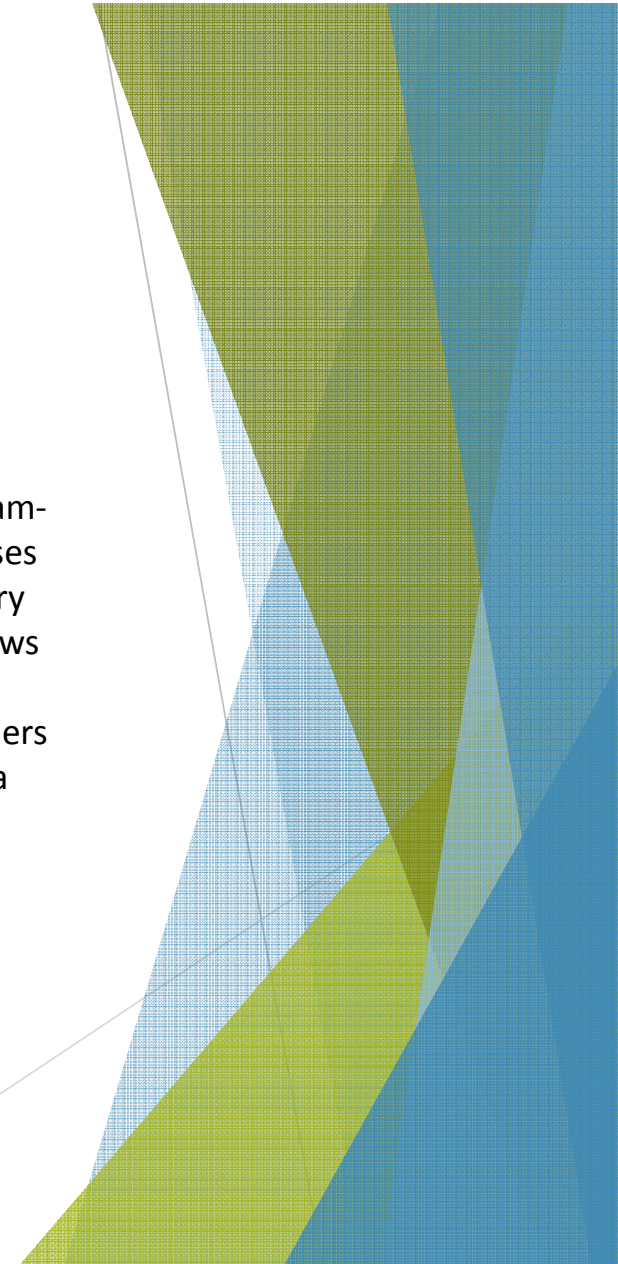
Learnings and Change Package

▶ Best Change Idea

- ▶ Developing a referral pathway that includes criteria for GPs to identify which COPD patients to refer to the Health New Lynn nurse Respiratory Clinic

▶ Helpful To Know

- ▶ Gaining buy-in and educating all team-members initially (Reception + Nurses + Doctors) about the new spirometry process. Making sure everyone knows the pre-requisites for attending appointments eg: withholding inhalers prior to test is more challenging in a large practice.



Other Thoughts - Patient story

- ▶ 57 year old female with COPD presented for Spirometry testing. The nurse identified the patient was confused regarding her diagnosis of COPD, the purpose of her inhalers (LAMA & SABA) and the correct technique.
- ▶ An appointment was arranged for the Nurse COPD clinic and an education session regarding the difference between a LAMA and SABA, demonstration of best inhaler technique and discussion about COPD and its effects on the lungs

Highlights

- ▶ Acquiring an effective Spirometer which analyses the results
- ▶ Nurses attending COPD courses to gain knowledge and skills
- ▶ 6 nurses able to competently perform Spirometry with patients
- ▶ Developing Nurse COPD clinic