

TURUKI HEALTH CARE

Youth Friendly Primary Care Quality Improvement Project

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The Youth Friendly Primary Care Project

Using the Youth Friendly Primary Care Assessment Tool in their practice - Turuki was able to identify areas where they could improve their youth friendliness. Changes were made and proposed accordingly.

The assessment tool criteria utilises the World Health Organisation framework for Youth Friendly Primary Care that is equitable, accessible, acceptable, appropriate and effective.

Improvement Ideas

- Exploration of confidentiality for patients in the triage area
- Further exploration of developmentally appropriate clinical care
- Professional development for staff related to youth health (HEEADSSS assessments)
- Youth specific promotional materials
- Appropriate support for young people related to healthy eating and weight management

Changes Planned and Made

HEEADSSS Training (Done)

Three doctors and three nurses took part in HEEADSSS (Home, Education/Employment, Eating, Activities, Drugs, Sexuality, Suicide and depression, Safety) Training. This was in an effort to get HEEADSSS used as a screening tool as opposed to a culture of using it on young people already identifying with issues.

Within Practice Audit (Done)

The practice has audited doctors notes according to the specifications in the Youth Friendly Primary Care Assessment Tool

Youth Consultation for Diabetes Support

Planned/Partially enacted
Plans to undertake youth consultation to scope out the need for a youth specific nutrition support group.

Youth were contacted to come along to the current support program - which is open to all ages- to give their feedback. However, they did not turn up. This is something that Turuki Healthcare is still interested in exploring further

Advertising Free Under 18 Visits (Planned)

Planned to provide information to schools about the free service for under 18 year olds (enrolled and non-enrolled. Wish to present this information as a brochure.

Youth Obesity (Done)

Turuki reviewed their child obesity guidelines and ran training sessions on how to talk to children and young people about obesity.

All the initiatives marked as 'planned' are still things Turuki would like to achieve.