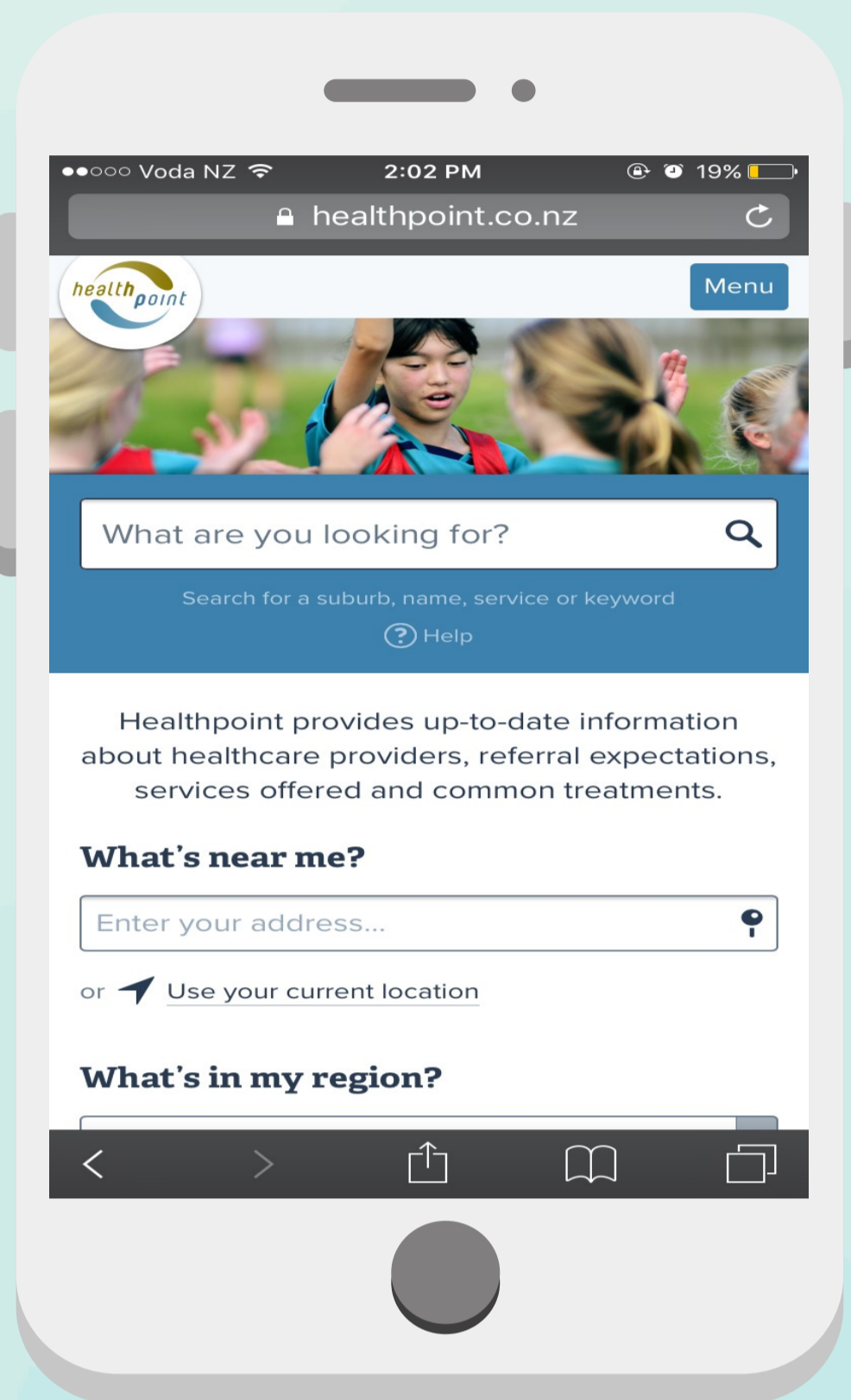


# #Life Hacks

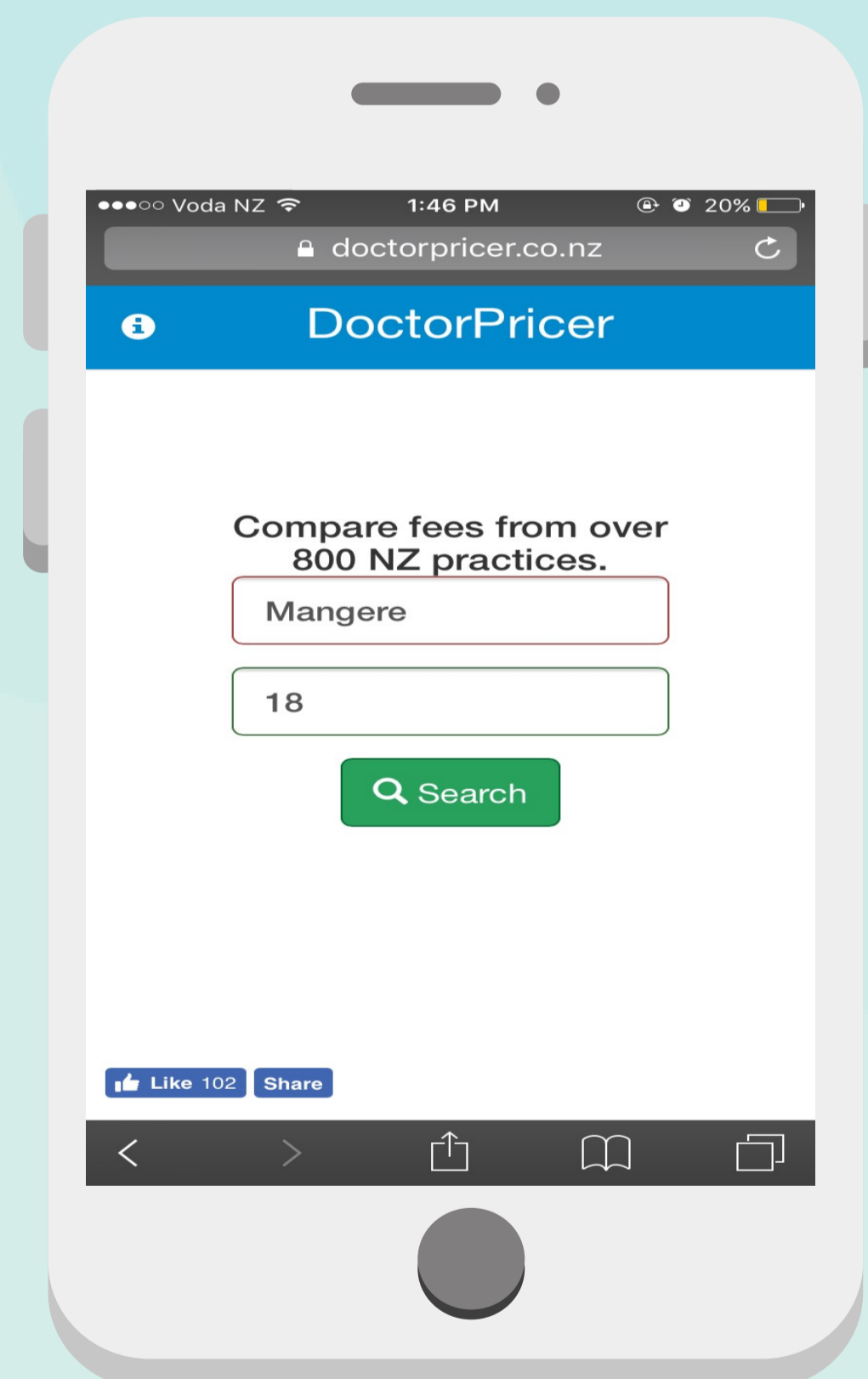
## GP visits for enrolled patients 18 years and older, \$15 or less in Counties Manukau

GP stands for General Practitioner, who may also be called your family doctor

**You may be asked to pay for extra tests or equipment so it is a good idea to ask first**



Healthpoint



Doctorpricer

Please note that prices change; this information is accurate as of July 2017

Please send feedback to:  
cmdhbyouthhealthinterns@gmail.com

### OTAHUHU

\$10.00 - ETHC Otahuhu  
15-23 Station Road, Otahuhu  
(09) 276 3000  
Mon-Fri: 8:30am - 5:30pm

\$15.00 - Hall Ave Medical Centre  
23 Hall Avenue, Otahuhu  
(09) 276 4202  
Mon-Fri: 9:00am - 4:00pm

\$15.00 - Otahuhu Health Centre  
507 Great South Road, Otahuhu  
(09) 276 1190 or (09) 276 9658  
Mon, Tues, Fri: 8:30am - 6:00pm  
Wed: 8:30am - 5:00pm  
Thurs: 8:30am - 8:30pm  
Sat: 9:00am - 1:00pm

### MANUKAU EAST

\$10.00 - ETHC Dawson Road  
124 Dawson Road, Flatbush  
(09) 274 3468  
Mon-Sun: 8:00am - 8:00pm

\$10.00 - ETHC East Tamaki  
275 East Tamaki Road, East Tamaki  
(09) 274 9264  
Mon-Fri: 8:00am - 6:00pm  
Sat: 8:00am - 12:00pm

\$15.00 - ETHC Dannemora  
1-3 Redcastle Drive, Dannemora  
(09) 272 4163  
Mon-Fri: 8:00am - 8:00pm  
Sat: 8:30am - 6:00pm  
Sun: 9:00am - 5:00pm

\$15.00 - Bishop Medical Centre  
8R Bishop Lenihan Place, East Tamaki  
(09) 282 4167  
Mon-Fri: 9:00am - 7:00pm  
Sat: 9:00am - 2:00pm

### MANUKAU

\$15.00 - Manukau Family Doctors, Accident & Medical  
597 Great South Road, Manukau  
(09) 277 5777  
Mon-Fri: 9:00am - 5:00pm

### MANUREWA

Free - Te Manu Aute Whare Oranga  
81 Finlayson Avenue, Clendon Park  
(09) 267 8768  
Mon-Fri: 9:00am - 5:00pm

\$10.00 - Manurewa Trust Health Care ETHC  
7 Hill Road, Manurewa  
(09) 267 6883  
Mon-Fri: 8:00am - 5:30pm

\$15.00 - Wiri Family Doctors  
10/792 Great South Rd, Wiri  
(09) 263 6622 or (09) 263 6291  
Mon-Fri: 9:00am - 6:00pm  
Sat: 9:00am - 1:00pm

### OTARA

\$10.00 - ETHC Bairds Road  
160 Bairds Road, Otara  
(09) 274 3414  
Mon-Sun: 8:00am - 11pm

\$10.00 - South Seas Health Care Trust  
14 Fair Mall, Otara  
(09) 273 9017  
Mon-Fri: 8:00am - 6:00pm  
Sat: 8:00am - 1:00pm

\$15.00 - Otara Union Health  
3/100 Alexander Crescent, Otara  
(09) 274 9135  
Mon-Fri: 8:30am - 5:00pm

### MANGERE

\$10.00 - ETHC Mangere Town Centre  
10 Waddon Place, Mangere  
(09) 275 7954  
Mon-Sun: 8:00am - 8:00pm

\$12.00 - Turuki Health Centre  
2/32 Canning Crescent, Mangere  
(09) 275 5788  
Mon, Thurs: 8:00am - 9:00pm  
Tues, Wed, Fri: 8:00am - 6:00pm

\$15.00 - Dr Upsdell Surgery  
2 Graeme Avenue, Mangere  
(09) 278 7214  
Mon-Fri: 9:00am - 5pm

You need to enrol with the GP to pay this rate. When you enrol you'll be asked to sign a form so your records can be transferred from your old GP. You can find more GP clinics online at [healthpoint.co.nz](http://healthpoint.co.nz) or [doctorpricer.co.nz](http://doctorpricer.co.nz)